

Itinerary - 14-Day Cultural Exchange Tour in Brisbane

Day	Time	Contents
Day 1 15 Aug (Sun)	PM	Welcome to Australia! <ul style="list-style-type: none">> Welcome by AllU staff and host families> Relaxing evening with host families
Day 2 16 Aug (Mon)	AM	An introduction to the programme City Tour <ul style="list-style-type: none">> Visit to <i>Mt. Cootha</i>> See Brisbane from the highest point G'Day Australia <ul style="list-style-type: none">> Orientation of the programme> Morning Tea Visit to the Botanic Garden
	PM	Local area orientation <ul style="list-style-type: none">> Shopping at the mall
Day 3 17 Aug (Tue)		Full day excursion to Dreamworld
Day 4 18 Aug (Wed)	AM	Leadership Training Course I Self Confidence <ul style="list-style-type: none">> Get to know you> Trust activities
	PM	Excursion to SouthBank and Brisbane City <ul style="list-style-type: none">> Visit the <i>Queensland Museum and Art Gallery</i>
Day 5 19 Aug (Thu)	AM	Leadership Training Course II Develop Problem Solving Skills <ul style="list-style-type: none">> Group interactions
	PM	Tour of Parliament House <ul style="list-style-type: none">> Sit in on a government session
Day 6 20 Aug (Fri)	AM	Excursion to Wetlands <ul style="list-style-type: none">> See the native mangroves areas of North Brisbane> Learn about wetland protection and management.
	PM	Tour of University of Queensland <ul style="list-style-type: none">> Meeting with youth group from UQ Return to city by City Cat Ferry <ul style="list-style-type: none">> Dinner with youth group

Day 7
21 Aug (Sat)

Free time with host families

Day 8
22 Aug (Sun)

Free time with host families

Day 9
23 Aug (Mon)

Leadership Training Course III
Confidence Building / Goal Setting

- > Goal Setting
- > Self challenging
- > Feedback session

Day 10
24 Aug (Tue)

AM

Leadership Training Course IV
My Life and Goals

- > Recalling childhood goals
- > Setting up future goal

PM

Visit to **Senior Citizens Club**

- > Meeting with senior citizens

Day 11
25 Aug (Wed)

Full day excursion to the **Sunshine Coast**

- > Visiting the *Underwater World*
- > Visiting the *Sunshine Coast Plaza* and the *Big Pineapple*

Day 12
26 Aug (Thu)

AM

Excursion to the **Lone Pine Sanctuary**

- > Photo taking with Koalas and feeding kangaroos

PM

Leadership Training Course V
Relating Well in Groups

- > Relating in peer groups
- > Sex roles and stereotypes
- > Group functioning

Dinner with local youth groups

Day 13
27 Aug (Fri)

AM

Excursion to **China Town**

- > Meeting Chinatown leaders

Lunch

- > *Yum Cha* with Chinatown leaders

PM

Free Afternoon
Farewell Party

- > Presentation of gifts and certificates
- > Presentation of Hong Kong and Chinese culture

Day 14
28 Aug (Sat)

Departure Day